



FREEDOM FOR MEN • New Heart • New Mind • New Life
Trusted, experienced, faith-based men helping men find hope and freedom!

Chapter 12. Discovering your true IDENTITY and renewing your mind.

Week 47: Creating a NEW LIFE that does not need to be medicated.

Video: Field of Dreams

[Click here to watch a video clip in our Vimeo account.](#)

Word of the Week: Life

Theme verses: *Whoever sows to please their flesh, from the flesh will reap destruction; whoever sows to please the Spirit, from the Spirit will reap eternal life.* – Galatians 6:8

You were taught, with regard to your former way of life, to put off your old self, which is being corrupted by its deceitful desires. – Ephesians 4:22

Theme Quote: “The purpose of life is to live a life of purpose.”
– Robert Byrne

John Eldredge: “The recipe for fun is pretty simple raising boys: add to any activity an element of danger, stir in a little exploration, add a dash of destruction, and you’ve got yourself a winner.”

Questions: Do you have gratitude and hope in your daily life? How are you active in making your life better? What do you want people to say about you, at the end of your life?

Highlight Video: Chain Breaker, Zach Williams story

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Word of the Week: Life.

Dictionary:

noun, plural lives

- the condition that distinguishes organisms from inorganic objects and dead organisms, being manifested by growth through metabolism, reproduction, and the power of adaptation to environment through changes originating internally.
- the sum of the distinguishing phenomena of organisms, especially metabolism, growth, reproduction, and adaptation to environment.
- the animate existence or period of animate existence of an individual:
to risk one's life; a short life and a merry one.
- a corresponding state, existence, or principle of existence conceived of as belonging to the soul: *eternal life.*

Quotes: “He who has a why to live can bear almost any how.”

– Friedrich Nietzsche

“The purpose of life is to live a life of purpose.” – Robert Byrne

“The only disability in life is a bad attitude.” – Scott Hamilton

“The happiness of your life depends upon the quality of your thoughts.”

– Marcus Aurelius.

“The tragedy of life is what dies inside a man while he lives.”

– Albert Schweitzer

“Life is an opportunity, benefit from it. Life is beauty, admire it. Life is a dream, realize it. Life is a challenge, meet it. Life is a duty, complete it. Life is a game, play it. Life is a promise, fulfill it. Life is sorrow, overcome it. Life is a song, sing it. Life is a struggle, accept it. Life is a tragedy, confront it. Life is an adventure, dare it.” –Mother Teresa

“Don't concern yourself with being right in others' eyes. Concentrate on obeying God in your own life and, when possible, helping others to obey Him as well. You don't have to prove others wrong to continue on the course you know God has shown you.” – Joshua Harris

Bible: Genesis 2:7

Then the Lord God formed a man from the dust of the ground and breathed into his nostrils the breath of **life**, and the man became a living being.

Psalms 16:11

You make known to me the path of **life**; you will fill me with joy in your presence, with eternal pleasures at your right hand.

Proverbs 10:16-17

The wages of the righteous is **life**, but the earnings of the wicked are sin and death. Whoever heeds discipline shows the way to **life**, but whoever ignores correction leads others astray.

John 1:3-4

Through him all things were made; without him nothing was made that has been made. In him was **life**, and that **life** was the light of all mankind.

John 8:12

When Jesus spoke again to the people, he said, "I am the light of the world. Whoever follows me will never walk in darkness, but will have the light of **life**."

John 15:13

Greater love has no one than this: to lay down one's **life** for one's friends.

Galatians 6:8

Whoever sows to please their flesh, from the flesh will reap destruction; whoever sows to please the Spirit, from the Spirit will reap eternal **life**.

Ephesians 4:22

You were taught, with regard to your former way of **life**, to put off your old self, which is being corrupted by its deceitful desires.

James 1:12

Blessed is the one who perseveres under trial because, having stood the test, that person will receive the crown of **life** that the Lord has promised to those who love him.

1 John 5:12

Whoever has the Son has **life**; whoever does not have the Son of God does not have **life**.