



FREEDOM FOR MEN • New Heart • New Mind • New Life
Trusted, experienced, faith-based men helping men find hope and freedom!

Chapter 11. Embracing SURRENDER and dying to self.

Week 44: Let's look at DYING to our appetites and what benefits it might bring. (see Galatians 5:13-26)

Video: Man of Steel

[Click here to watch a video clip in our Vimeo account.](#)

Word of the Week: Die

Theme verse: *For when we were in the realm of the flesh,^[a] the sinful passions aroused by the law were at work in us, so that we bore fruit for death. 6 But now, by dying to what once bound us, we have been released from the law so that we serve in the new way of the Spirit, and not in the old way of the written code.* – Romans 7:5-6

Theme Quote: “To love God means to surrender, to trust, to be ready to die into Him, because dying in God is the beginning of a new life; it is resurrection.” – Rajneesh

John Eldredge: “The most dangerous man on earth is the man who has reckoned with his own death. All men die; few men ever really live.”

Questions: Are you ready and willing to die to your addiction or harmful habit? Do you think it is possible to die to something you have lived with for decades? What would “die to” look like and how could that change your life?

Highlight Video: A Life Worth Dying, Josiah Queen

[Click here to watch in our Vimeo account.](#)

Word of the Week: Die

Dictionary:

verb, died, dying

- to cease to live; undergo the complete and permanent cessation of all vital functions; become dead.
- to cease to exist: *The laughter died on his lips.*
- to lose force, strength, or active qualities: *Superstitions die slowly.*
- to cease to function; stop: *The motor died.*
- to be no longer subject; become indifferent: *to die to worldly matters.*
- to pass gradually; fade or subside gradually. *The storm slowly died down.*
- *Theology.* to lose spiritual life.
- to suffer as if fatally: *I'm dying of boredom!*
- to pine with desire, love, longing, etc.: *I'm dying to see my home again.*

Quotes: “If you are ready to die, then you are ready to live.”

– Rickson Gracie

“I pray that we will not wait until we are ready to die before we truly learn to live.” – Dieter F. Uchtdorf

“You have to die to an extent in your hunger for faith, for wisdom, and quite frankly, most people aren’t ready to die.” – Criss Jami

“To love God means to surrender, to trust, to be ready to die into Him, because dying in God is the beginning of a new life; it is resurrection.”
– Rajneesh

“A man really believes not what he recites in his creed, but only the things he is ready to die for.” – Richard Wurmbrand

“I am ready to die for my Lord, that in my blood the Church may obtain liberty and peace.” – Thomas Becket

“There are thousands ready to die for their religion, but only are few willing to live by its principles.” – Mata Amritanandamayi

“A man who has nothing he is willing to die for has nothing worth living for.” – Martin Luther King, Jr.

Bible: Psalm 37:1-2

Do not fret because of those who are evil or be envious of those who do wrong; for like the grass they will soon wither, like green plants they will soon **die** away.

Proverbs 5:22-23

The evil deeds of the wicked ensnare them; the cords of their sins hold them fast. For lack of discipline they will **die**, led astray by their own great folly.

Proverbs 10:21

The lips of the righteous nourish many, but fools **die** for lack of sense.

Proverbs 15:10

Stern discipline awaits anyone who leaves the path; the one who hates correction will **die**.

Proverbs 19:16

Whoever keeps commandments keeps their life, but whoever shows contempt for their ways will **die**.

Matthew 26:35

But Peter declared, “Even if I have to **die** with you, I will never disown you.” And all the other disciples said the same.

Matthew 27:51-53

At that moment the curtain of the temple was torn in two from top to bottom. The earth shook, the rocks split and the tombs broke open. The bodies of many holy people who had **died** were raised to life. They came out of the tombs after Jesus’ resurrection and went into the holy city and appeared to many people.

Mark 4:39

He got up, rebuked the wind and said to the waves, “Quiet! Be still!” Then the wind **died** down and it was completely calm.

Mark 15:39

And when the centurion, who stood there in front of Jesus, saw how he **died**, he said, “Surely this man was the Son of God!”

John 6:58

This is the bread that came down from heaven. Your ancestors ate manna and **died**, but whoever feeds on this bread will live forever.

John 8:24

I told you that you would **die** in your sins; if you do not believe that I am he, you will indeed **die** in your sins.

John 11:25

Jesus said to her, “I am the resurrection and the life. The one who believes in me will live, even though they **die**.”

John 12:24

Very truly I tell you, unless a kernel of wheat falls to the ground and **dies**, it remains only a single seed. But if it **dies**, it produces many seeds.

Romans 5:7-8

Very rarely will anyone **die** for a righteous person, though for a good person someone might possibly dare to **die**. But God demonstrates his own love for us in this: While we were still sinners, Christ **died** for us.

Romans 7:4-6

So, my brothers and sisters, you also **died** to the law through the body of Christ, that you might belong to another, to him who was raised from the dead, in order that we might bear fruit for God. For when we were in the realm of the flesh, the sinful passions aroused by the law were at work in us, so that we bore fruit for death. But now, by **dying** to what once bound us, we have been released from the law so that we serve in the new way of the Spirit, and not in the old way of the written code.

Romans 8:13

For if you live according to the flesh, you will **die**; but if by the Spirit you put to death the misdeeds of the body, you will live.

1 Corinthians 10:8

We should not commit sexual immorality, as some of them did—and in one day twenty-three thousand of them **died**.

1 Corinthians 15:22

For as in Adam all **die**, so in Christ all will be made alive.