



FREEDOM FOR MEN • New Heart • New Mind • New Life
Trusted, experienced, faith-based men helping men find hope and freedom!

Chapter 7. Reaching a place of HUMILITY.

Week 28: Removing CHARACTER defects and developing character qualities!

Video: Woodlawn

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Theme verse: *So, my brothers and sisters, you also died to the law through the body of Christ, that you might belong to another, to him who was raised from the dead, in order that we might bear fruit for God. For when we were in the realm of the flesh, the sinful passions aroused by the law were at work in us, so that we bore fruit for death.* – Romans 7:4-5

Word of the Week: Fruit

Quote: “Balance, peace, and joy are the fruit of a successful life. It starts with recognizing your talents and finding ways to serve others by using them.” – Thomas Kinkade

John Eldredge: “Adventure requires something of us, puts us to the test. Though we may fear the test, at the same time we yearn to be tested, to discover that we have what it takes.”

Questions: What fruit for the kingdom, is your life producing? How can we grow and increase the fruits of the Holy Spirit in our lives? Are people seeing your growth, the progress and the better fruit in your life?

Highlight Song: Joy in the Morning, Elevation Worship with Tauren Wells

[Click here to watch in our Vimeo account.](#)

Word of the Week: Fruit.

Dictionary:

noun, plural fruits, (especially collectively) fruit.

- any product of plant growth useful to humans or animals.
- the developed ovary of a seed plant with its contents and accessory parts, as the pea pod, nut, tomato, or pineapple.
- the edible part of a plant developed from a flower, with any accessory tissues, as the peach, mulberry, or banana.
- anything produced or accruing; product, result, or effect; return or profit:

the fruits of one's labors.

verb

- to bear or cause to bear fruit: *a tree that fruits in late summer.*

Quotes: “Life without love is like a tree without blossoms or fruit.”

– Khalil Gibran

“Balance, peace, and joy are the fruit of a successful life. It starts with recognizing your talents and finding ways to serve others by using them.” – Thomas Kinkade

“Self-respect is the fruit of discipline; the sense of dignity grows with the ability to say no to oneself.” – Abraham Joshua Heschel

“The processes of growth are gradual, bearing fruit in a decade, not a day.” – John F. Kennedy

“Love is a fruit in season at all times, and within reach of every hand.”
– Mother Teresa

“The fruit of the Spirit is . . . self-control.” – Watchman Nee

“Fruit is always the miraculous, the created; it is never the result of willing, but always a growth. The fruit of the Spirit is a gift of God, and only He can produce it. They who bear it know as little about it as the tree knows of its fruit. They know only the power of Him on whom their life depends.” – Dietrich Bonhoeffer

Bible: Genesis 3:6

When the woman saw that the **fruit** of the tree was good for food and pleasing to the eye, and also desirable for gaining wisdom, she took some and ate it. She also gave some to her husband, who was with her, and he ate it.

Psalms 1:3

They are like trees planted along the riverbank, bearing **fruit** each season. Their leaves never wither, and they prosper in all they do.

Proverbs 1:31

Therefore, they must eat the bitter **fruit** of living their own way, choking on their own schemes.

Ecclesiastes 3:13

And people should eat and drink and enjoy the **fruits** of their labor, for these are gifts from God.

Matthew 7:15-20

Watch out for false prophets. They come to you in sheep's clothing, but inwardly they are ferocious wolves. By their **fruit** you will recognize them. Do people pick grapes from thorn bushes, or figs from thistles? Likewise, every good tree bears good **fruit**, but a bad tree bears bad **fruit**. A good tree cannot bear bad **fruit**, and a bad tree cannot bear good **fruit**. Every tree that does not bear good **fruit** is cut down and thrown into the fire. Thus, by their **fruit** you will recognize them.

John 15:4-5, 8, 16

Remain in me, and I will remain in you. For a branch cannot produce **fruit** if it is severed from the vine, and you cannot be **fruitful** unless you remain in me. Yes, I am the vine; you are the branches. Those who remain in me, and I in them, will produce much **fruit**. For apart from me you can do nothing. ... When you produce much **fruit**, you are my true disciples. This brings great glory to my Father. ... You didn't choose me. I chose you. I appointed you to go and produce lasting **fruit**, so that the Father will give you whatever you ask for, using my name.

Romans 7:4-5

So, my brothers and sisters, you also died to the law through the body of Christ, that you might belong to another, to him who was raised from the dead, in order that we might bear **fruit** for God. For when we were in the realm of the flesh, the sinful passions aroused by the law were at work in us, so that we bore fruit for death.