



**FREEDOM FOR MEN • New Heart • New Mind • New Life**  
*Trusted, experienced, faith-based men helping men find hope and freedom!*

## **Chapter 7. Reaching a place of HUMILITY.**

**Week 25: What does Jesus teach us, and the Bible say about HUMILITY?**

### **Video: The Passion of the Christ**

[Click here to watch a video clip in our Vimeo account.](#)

**Theme verse:** *In the same way, you who are younger, submit yourselves to your elders. All of you, clothe yourselves with humility toward one another, because, “God opposes the proud but shows favor to the humble.”* – 1 Peter 5:5

### **Word of the Week: Humility**

**Quote:** “If you had not suffered as you have, there would be no depth to you, no humility, no compassion.” – Eckhart Tolle

**John Eldredge:** “That longing in the heart of a woman to share life together as a great adventure-that comes straight from the heart of God, who also longs for this. He does not want to be an option in our lives. He does not want to be an appendage, a tagalong. Neither does any woman.”

**Questions:** What does humility look like and what should it not look like? How can you show humility and still be strong and self-confident? Can humility be a strength and help you in your life and even your business success?

### **Highlight Song: King of Humility, Justin Tweito**

[Click here to watch in our Vimeo account.](#)

## Word of the Week: Humility

### Dictionary:

*noun, Synonym:* **Humble**

- the quality or condition of being humble; modest opinion or estimate of one's own importance, rank, etc.

*adjective, humbler, humblest.*

- not proud or arrogant; modest: *to be humble although successful.*

- having a feeling of insignificance, inferiority, subservience, etc.:

*In the presence of so many world-famous writers I felt very humble.*

- low in rank, importance, status, quality; lowly: *of humble origin; a humble home.*

**Quote: “Humility is not thinking less of yourself, it’s thinking of yourself less.”** – C. S. Lewis

**“Pride is concerned with who is right. Humility is concerned with what is right.”** – Ezra Taft Benson

**“Humility leads to strength and not to weakness. It is the highest form of self-respect to admit mistakes and to make amends for them.”**

– John J. McCloy

**“If you had not suffered as you have, there would be no depth to you, no humility, no compassion.”** – Eckhart Tolle

**“The principles of living greatly include the capacity to face trouble with courage, disappointment with cheerfulness, and trial with humility.”**

– Thomas S. Monson

**“What makes humility so desirable is the marvelous thing it does to us; it creates in us a capacity for the closest possible intimacy with God.”**

– Monica Baldwin

**“Always humble yourself lovingly before God and man, because God speaks to those who are truly humble of heart, and enriches them with His gifts.”** – Pio of Pietrelcina

**“When it’s personal and painful, humble yourself.”** – James MacDonald

**Bible: Proverbs 11:2-3**

When pride comes, then comes disgrace, but with **humility** comes wisdom. The integrity of the upright guides them, but the unfaithful are destroyed by their duplicity.

**Proverbs 15:33**

Wisdom's instruction is to fear the Lord, and **humility** comes before honor.

**Proverbs 18:12**

Before a downfall the heart is haughty, but **humility** comes before honor.

**Proverbs 22:4**

**Humility** is the fear of the Lord; its wages are riches and honor and life.

**Zephaniah 2:3**

Seek the Lord, all you humble of the land, you who do what he commands. Seek righteousness, seek **humility**; perhaps you will be sheltered on the day of the Lord's anger.

**Ephesians 4:2**

Be completely **humble** and gentle; be patient, bearing with one another in love.

**Philippians 2:2-3**

Then make my joy complete by being like-minded, having the same love, being one in spirit and of one mind. Do nothing out of selfish ambition or vain conceit. Rather, in **humility** value others above yourselves.

**Colossians 3:12**

Therefore, as God's chosen people, holy and dearly loved, clothe yourselves with compassion, kindness, **humility**, gentleness and patience.

**James 3:13**

Who is wise and understanding among you? Let them show it by their good life, by deeds done in the **humility** that comes from wisdom.

**1 Peter 5:5**

In the same way, you who are younger, submit yourselves to your elders. All of you, clothe yourselves with **humility** toward one another, because, "God opposes the proud but shows favor to the humble."