



FREEDOM FOR MEN • New Heart • New Mind • New Life
Trusted, experienced, faith-based men helping men find hope and freedom!

Chapter 6. Processing our PAIN as a pathway toward freedom.

Week 24: EXPECTATIONS, and the reality of pain in life, marriage and relationships.

Video: The Guardian

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Theme verse: *Marriage should be honored by all, and the marriage bed kept pure, for God will judge the adulterer and all the sexually immoral. Keep your lives free from the love of money and be content with what you have, because God has said, “Never will I leave you; never will I forsake you.”* – Hebrews 13:4-5

Additional Verses: 1 Corinthians 7:1-6

Word of the Week: Marriage

Quote: “When you make the sacrifice in marriage, you’re sacrificing not to each other but to unity in a relationship.” – Joseph Campbell

John Eldredge: “I wasn’t mean; I wasn’t evil. I was nice. And let me tell you, a hesitant man is the last thing in the world a woman needs. She needs a lover and a warrior, not a ‘Really Nice Guy.’”

Closing Song: Tear off the Roof, Brandon Lake

[Click here to watch in our Vimeo account.](#)

Word of the Week: Marriage

Dictionary:

noun

- (broadly) any of the diverse forms of interpersonal union established in various parts of the world to form a familial bond that is recognized legally, religiously, or socially, granting the participating partners mutual conjugal rights and responsibilities and including, for example, opposite-sex marriage, same-sex marriage, plural marriage, and arranged marriage: *Anthropologists say that some type of marriage has been found in every known human society since ancient times.* See also traditional marriage.
- the state, condition, or relationship of being married: *They have a happy marriage.*
- the legal or religious ceremony that formalizes the decision of two people to live as a married couple, including the accompanying social festivities: *to officiate at a marriage.*
- a relationship in which two people have pledged themselves to each other in the manner of a husband and wife, without legal sanction: *this is a trial marriage.*

Quotes: “A happy marriage is the union of two good forgivers.”

– Ruth Graham

“What counts in making a happy marriage is not so much how compatible you are but how you deal with incompatibility.” – Leo Tolstoy

“When you make the sacrifice in marriage, you’re sacrificing not to each other but to unity in a relationship.” – Joseph Campbell

“It is not a lack of love, but a lack of friendship that makes unhappy marriages.” – Friedrich Nietzsche

“In the enriching of marriage, the big things are the little things. There must be constant appreciation for each other and thoughtful demonstration of gratitude. A couple must encourage and help each other grow. Marriage is a joint quest for the good, the beautiful, and the divine.” –James E. Faust

“Marriage has the power to set the course of your life as a whole. If your marriage is strong, even if all the circumstances in your life around you are filled with trouble and weakness, it won’t matter. You will be able to move out into the world in strength.” – Timothy Keller

Bible: Nehemiah 13:25-26

I rebuked them and called curses down on them. I beat some of the men and pulled out their hair. I made them take an oath in God's name and said: "You are not to give your daughters in **marriage** to their sons, nor are you to take their daughters in **marriage** for your sons or for yourselves. Was it not because of **marriages** like these that Solomon king of Israel sinned? Among the many nations there was no king like him. He was loved by his God, and God made him king over all Israel, but even he was led into sin by foreign women.

Daniel 11:17

He will determine to come with the might of his entire kingdom and will make an alliance with the king of the South. And he will give him a daughter in **marriage** in order to overthrow the kingdom, but his plans will not succeed or help him.

Malachi 2:13-15

Another thing you do: You flood the Lord's altar with tears. You weep and wail because he no longer looks with favor on your offerings or accepts them with pleasure from your hands. You ask, "Why?" It is because the Lord is the witness between you and the wife of your youth. You have been unfaithful to her, though she is your partner, the wife of your **marriage** covenant. Has not the one God made you? You belong to him in body and spirit. And what does the one God seek? Godly offspring. So be on your guard, and do not be unfaithful to the wife of your youth.

Matthew 1:24-25

When Joseph woke up, he did what the angel of the Lord had commanded him and took Mary home as his wife. But he did not consummate their **marriage** until she gave birth to a son. And he gave him the name Jesus.

Luke 20:33-35

Now then, at the resurrection whose wife will she be, since the seven were **married** to her?" Jesus replied, "The people of this age **marry** and are given in **marriage**. But those who are considered worthy of taking part in the age to come and in the resurrection from the dead will neither **marry** nor be given in **marriage**.

Hebrews 13:4-5

Marriage should be honored by all, and the **marriage** bed kept pure, for God will judge the adulterer and all the sexually immoral. Keep your lives free from the love of money and be content with what you have, because God has said, "Never will I leave you; never will I forsake you."