



**FREEDOM FOR MEN • New Heart • New Mind • New Life**  
*Trusted, experienced, faith-based men helping men find hope and freedom!*

**Chapter 4: Believing FREEDOM is possible.**

**Week 14: Helping others as a pathway toward freedom.**

**Video: Patch Adams**

[Click here to watch a video clip in our Vimeo account.](#)

**Theme verse:** *Each of you should use whatever gift you have received to serve others, as faithful stewards of God's grace in its various forms.*

– 1 Peter 4:10

**Word of the Week: Others**

**Quote:** “The best way to find yourself is to lose yourself in the service of others.” – Mahatma Gandhi

**John Eldredge:** “Every story has a villain. Every story also has a hero. The story of your life is also the story of the long and passionate pursuit of your heart by the One who knows you best and loves you most.”

**Highlight Song: God Can Use A Broken Man, Jason Crabb**

(Featuring Trace Adkins & Zach Williams)

[Click here to watch in our Vimeo account.](#)

## Word of the Week: Others

### Dictionary:

*adjective*

- additional or further: *he and one other person.*
- different or distinct from the one or ones already mentioned or implied:

*I'd like to live in some other city.*

*noun*

- the other one: *Each praises the other.*
- often initial capital letter, the Other:
  - a group or member of a group that is perceived as different, foreign, etc.
  - a person or thing that is the counterpart of someone or something else:  
*the role of the Other in the development of self.*

**Quotes: “Life’s most persistent and urgent question is, ‘What are you doing for others?’”** – Martin Luther King, Jr.

**“The purpose of human life is to serve, and to show compassion and the will to help others.”** – Albert Schweitzer

**“Those who are happiest are those who do the most for others.”**  
– Booker T. Washington

**“Never look down on anybody unless you’re helping him up.”**  
– Jesse Jackson

**“The best way to find yourself is to lose yourself in the service of others.”** – Mahatma Gandhi

**“What is the essence of life? To serve others and to do good.”** – Aristotle

**“Help others achieve their dreams and you will achieve yours.”**  
– Les Brown

**“If your actions inspire others to dream more, learn more, do more and become more, you are a leader.”** – John Quincy Adams

**“Those who are happiest are those who do the most for others.”**  
– Booker T. Washington

**Bible: Proverbs 11:25**

A generous person will prosper; whoever refreshes **others** will be refreshed.

**Romans 13:8**

Let no debt remain outstanding, except the continuing debt to love one another, for whoever loves **others** has fulfilled the law.

**1 Corinthians 13:4-6**

Love is patient, love is kind. It does not envy, it does not boast, it is not proud. It does not dishonor **others**, it is not self-seeking, it is not easily angered, it keeps no record of wrongs. Love does not delight in evil but rejoices with the truth.

**Matthew 5:16**

In the same way, let your light shine before **others**, that they may see your good deeds and glorify your Father in heaven.

**Matthew 6:1-2**

“Be careful not to practice your righteousness in front of **others** to be seen by them. If you do, you will have no reward from your Father in heaven. So when you give to the needy, do not announce it with trumpets, as the hypocrites do in the synagogues and on the streets, to be honored by **others**. Truly I tell you, they have received their reward in full.”

**Matthew 6:15**

But if you do not forgive **others** their sins, your Father will not forgive your sins.

**1 Corinthians 9:26-27**

Therefore I do not run like someone running aimlessly; I do not fight like a boxer beating the air. No, I strike a blow to my body and make it my slave so that after I have preached to **others**, I myself will not be disqualified for the prize.

**Philippians 2:3-4**

Do nothing out of selfish ambition or vain conceit. Rather, in humility value **others** above yourselves, not looking to your own interests but each of you to the interests of the **others**.

**1 Peter 4:10**

Each of you should use whatever gift you have received to serve **others**, as faithful stewards of God’s grace in its various forms.