



**FREEDOM FOR MEN • New Heart • New Mind • New Life**  
*Trusted, experienced, faith-based men helping men find hope and freedom!*

**Chapter 5: Establishing a strong, personal FAITH.**

**Week 19: God's Promises, the AA promises and your responsibilities.**

**Video: The Chosen, Beatitudes**

[Click here to watch a video clip in our Vimeo account.](#)

**Theme verse:** *Therefore, since we have these promises, dear friends, let us purify ourselves from everything that contaminates body and spirit, perfecting holiness out of reverence for God.* – 2 Corinthians 7:1

**Other verses:** *His divine power has given us everything we need for a godly life through our knowledge of him who called us by his own glory and goodness. Through these he has given us his very great and precious promises, so that through them you may participate in the divine nature, having escaped the corruption in the world caused by evil desires.*  
– 2 Peter 1:3-4

**Word of the Week: Promises**

**Quote:** “I don’t always feel His presence. But God’s promises do not depend upon my feelings; they rest upon His integrity.” – R. C. Sproul

**John Eldredge:** “Every song you love, every memory you cherish, every moment that has moved you to holy tears has been given to you from the One who has been pursuing you from your first breath in order to win your heart.”

**Closing Song: Good Plans, Red Rocks Worship**

[Click here to watch in our Vimeo account.](#)

**The Promises** (from pages 83-84 of the Big Book of Alcoholics Anonymous)

**If we are painstaking about this phase of our development, we will be amazed before we are halfway through. We are going to know a new freedom and a new happiness. We will not regret the past nor wish to shut the door on it. We will comprehend the word serenity and we will know peace. No matter how far down the scale we have gone, we will see how our experience can benefit others. That feeling of uselessness and self-pity will disappear. We will lose interest in selfish things and gain interest in our fellows. Self seeking will slip away. Our whole attitude and outlook on life will change. Fear of people and economic insecurity will leave us. We will intuitively know how to handle situations which used to baffle us. We will suddenly realize that God is doing for us what we could not do for ourselves. Are these extravagant promises? We think not. They are being fulfilled among us - sometimes quickly, sometimes slowly. They will always materialize if we work for them.**

### **Word of the Week: Promises**

#### **Some of God's Promises:**

1. **He will never leave us or forsake us.** – Hebrews 13:5
2. **There is now no condemnation to those who are in Christ.**  
– Romans 8:1
3. **I will instruct you and teach you in the way you should go;  
I will counsel you with my loving eye on you.** – Psalm 32:8
4. **My grace is sufficient for you, for my power is made perfect  
in weakness.** – 2 Corinthians 12:9-10
5. **Surely he will save you from the fowler's snare and from the  
deadly pestilence..** – Psalm 91:3
6. **God is faithful.** – 1 Corinthians 10:13
7. **I go to prepare a place for you.** – John 14:2
8. **He gives strength to the weary and increases the power of  
the weak.** – Isaiah 40:29
9. **Fear not, for I am with you.** – Isaiah 41:10
10. **Be strong and courageous. Do not be afraid; do not be  
discouraged, for the LORD your God will be with you  
wherever you go.** – Joshua 1:9
11. **And my God will meet all your needs according to the riches  
of his glory in Christ Jesus.** – Philippians 4:19

## Dictionary:

*noun*

- a declaration that something will or will not be done, given, etc., by one: *their were unkept political promises*

- an express assurance, with an expectation: *promises that a team will not win.*

*verb, promised, promising*

- to engage or undertake by promise: *She promised to go tomorrow.*

- to make a promise of (some specified act, gift, etc.): *to promise help.*

- to afford ground for expectation (often followed by *well* or *fair*): *His forthcoming novel promises well.*

- to make a promise.

**Quotes: “When God promises, He’s not saying, I’ll try. He means, I can and I will.”** – James MacDonald

**“We’re not like robots. God promises to guide us through the Holy Spirit, but He gives us the freedom to make our own decisions.”** – Joyce Meyer

**“God promises to keep His people, and He will keep His promises.”**  
– Charles Spurgeon

**“God promises to open the door when we knock, and to always welcome us back into his love, no matter how far we have strayed.”** – Mary C. Neal

**“I don’t always feel His presence. But God’s promises do not depend upon my feelings; they rest upon His integrity.”** – R. C. Sproul

**“Integrity is conforming reality to our words - in other words, keeping promises and fulfilling expectations.”** – Stephen Covey

**“We must not promise what we ought not, lest we be called on to perform what we cannot.”** – Abraham Lincoln

**“God promises to meet our needs, not our greeds.”** – Steve Lawson

## **Bible: Joshua 23:14**

Now I am about to go the way of all the earth. You know with all your heart and soul that not one of all the good **promises** the Lord your God gave you has failed. Every **promise** has been fulfilled; not one has failed.

**Psalm 85:8**

I will listen to what God the Lord says; he **promises** peace to his people, his faithful servants— but let them not turn to folly.

**Psalm 119:148**

My eyes stay open through the watches of the night, that I may meditate on your **promises**.

**Romans 15:8**

For I tell you that Christ has become a servant of the Jews on behalf of God's truth, so that the **promises** made to the patriarchs might be confirmed

**2 Corinthians 1:20**

For no matter how many **promises** God has made, they are “Yes” in Christ. And so through him the “Amen” is spoken by us to the glory of God.

**2 Corinthians 7:1**

Therefore, since we have these **promises**, dear friends, let us purify ourselves from everything that contaminates body and spirit, perfecting holiness out of reverence for God.

**Galatians 3:21**

Is the law, therefore, opposed to the **promises** of God? Absolutely not! For if a law had been given that could impart life, then righteousness would certainly have come by the law.

**Hebrews 8:6**

But in fact the ministry Jesus has received is as superior to theirs as the covenant of which he is mediator is superior to the old one, since the new covenant is established on better **promises**.

**2 Peter 1:3-4**

His divine power has given us everything we need for a godly life through our knowledge of him who called us by his own glory and goodness. Through these he has given us his very great and precious **promises**, so that through them you may participate in the divine nature, having escaped the corruption in the world caused by evil desires.