



FREEDOM FOR MEN • New Heart • New Mind • New Life
Trusted, experienced, faith-based men helping men find hope and freedom!

Chapter 2: Bringing AWARENESS and light to the battle.

Week 7: Awareness of the HEART of God, Father, Son and Holy Spirit.

Video: The Chronicles of Narnia: The Lion, the Witch and the Wardrobe.
[Click here to watch a video clip in our Vimeo account.](#)

Theme verse: *But when the set time had fully come, God sent his Son, born of a woman, born under the law, to redeem those under the law, that we might receive adoption to sonship. Because you are his sons, God sent the Spirit of his Son into our hearts, the Spirit who calls out, “Abba, Father.” So you are no longer a slave, but God’s child; and since you are his child, God has made you also an heir.* – Galatians 4:4-7

Word of the Week: Heart

Quote: “I believe with all my heart God’s Story has a happy ending. But not yet, not necessarily yet. It takes faith to hold on to that in the face of the great burden of experience, which seems to prove otherwise.”
– Elisabeth Elliot

John Eldredge: “Boys look to their dad or key men in their lives to learn who they are as men.”

Highlight Song: Start Over, Flame, featuring NF
[Click here to watch in our Vimeo account.](#)

Word of the Week: Heart

Dictionary:

noun

- Anatomy. a hollow, pump like organ of blood circulation, composed mainly of rhythmically contractile smooth muscle, located in the chest between the lungs and slightly to the left and consisting of four chambers.
- the center of the total personality, especially with reference to intuition, feeling, or emotion: *In your heart you know I'm an honest man.*
- the center of emotion, especially as contrasted to the head as the center of the intellect: *His head told him not to fall in love, but his heart had the final say.*
- capacity for sympathy; feeling; affection: *His heart moved him to help people in need.*
- spirit, courage, or enthusiasm: *His heart sank when he saw their gloomy faces.*

Quotes: “Today, see if you can stretch your heart and expand your love so that it touches not only those to whom you can give it easily, but also to those who need it so much.” – Aristotle

“The best and most beautiful things in the world cannot be seen or even touched - they must be felt with the heart.” – Helen Keller

“A friend is someone who knows the song in your heart, and can sing it back to you when you have forgotten the words.” – Donna Roberts

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“Nine-tenths of life difficulties are overcome when our hearts are ready to do the Lord's will, whatever it may be.” – George Muller

“Kindness is gladdening the hearts of those who are traveling the dark journey with us.” – Henri Frederic Amiel

“He is the greatest whose strength carries up the most hearts, by the attraction of his own.” – Henry Ward Beecher

Bible: Genesis 6:5

The Lord saw how great the wickedness of the human race had become on the earth, and that every inclination of the thoughts of the human **heart** was only evil all the time.

Psalms 4:4-5

Tremble and do not sin; when you are on your beds, search your **hearts** and be silent. Offer the sacrifices of the righteous and trust in the Lord.

Proverbs 3:3-6

Let love and faithfulness never leave you; bind them around your neck, write them on the tablet of your **heart**. Then you will win favor and a good name in the sight of God and man. Trust in the Lord with all your **heart** and lean not on your own understanding; in all your ways submit to him, and he will make your paths straight.

Romans 1:21-22

For although they knew God, they neither glorified him as God nor gave thanks to him, but their thinking became futile and their foolish **hearts** were darkened. Although they claimed to be wise, they became fools.

Galatians 4:6

Because you are his sons, God sent the Spirit of his Son into our **hearts**, the Spirit who calls out, *‘Abba, Father.’*

Colossians 2:2

My goal is that they may be encouraged in **heart** and united in love, so that they may have the full riches of complete understanding, in order that they may know the mystery of God, namely, Christ.

Colossians 3:1

Since, then, you have been raised with Christ, set your **hearts** on things above, where Christ is, seated at the right hand of God.

1 Peter 1:22-23

Now that you have purified yourselves by obeying the truth so that you have sincere love for each other, love one another deeply, from the **heart**. For you have been born again, not of perishable seed, but of imperishable, through the living and enduring word of God.